

# Leicester Buddhist Vihara

East Midlands Buddhist Association

Charity Registration number 519860

1<sup>st</sup> Issue - 2022

Newsletter 15<sup>th</sup> August 2022



# The wisdom



## Message from >>>

Ven. Marassana Saddananda Thero

To provide help, advice, teaching and training to those with an interest in Buddhism and meditation in the Buddhist community

## Message from EMBA >>>

Dear Devotees,

We are pleased to present the 1<sup>st</sup> issue of the EMBA Newsletter for 2022, apologies for the delay in publishing this issue.

A new EMBA committee took up the reigns on 13<sup>th</sup> March 2022. We wish the new committee every success and the very best in the coming year.

As in previous years, Ven. Saddhananda Thero has continued to provide Spiritual and Psychological support to the devotees visiting the temple and in the community. We thank the Thero for his unreserved dedication towards the wellbeing of the devotees.

School children from Clifton-Upon-Dunsmore primary school visited the temple as part of their learning curriculum. We thank Ven Saddhananda Thero, Mr Tony Fletcher and Mr Ramesh Bellur for organising a tour of the temple and providing educational support on the day.

With the relaxation of Covid restrictions devotees are now able to visit the temple and offer dana etc. Once again we would like to thank all devotees for their continued support towards the wellbeing of the Thero and maintenance of the temple.

The weekly meditation & sutta discussion programmes organised by the Leicester Buddhist Society is a regular feature of the temple activities. The EMBA committee would like to thank Dr Tony Fletcher and the members for sustaining the programmes.

With the guidance of Ven Saddhananda Thero and the help of the teachers and parents, the students of the Leicester Buddhist Vihara Dhamma school presented a very vibrant and colourful "Poson Bakthi Gee" programme on the 14<sup>th</sup> June 2022 at the Braunstone Civic Centre. We thank everybody who worked hard to make this event a success.

The invitation for the Annual Rains Retreat (Vas Aradhana) was conducted on 17<sup>th</sup> July 2022. We thank Mrs Nanda Udawatte and family for organising this event and for sponsoring the 2022 Katina ceremony

Please take a moment to read this newsletter. We hope you will enjoy reading it.



ලෙස්ටර් බෞද්ධ විහාරය මගින් සය මසකට වරක් ප්‍රකාශයට පත්කරනු ලබන විස්විමි සඟරාවට සුභාසිංහන එක් කරනුයේ හඳුරි සතුටිනි.

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මව් බිමෙන් යොදුන් දස දහසක් දුරක සිට උවද අප මුතුන් මිත්තන් අපට දායාද කල ඒ උත්තම දහම හා සංස්කෘතිය මතු පරපුර වෙනුවෙන් ආරක්ෂාකොට රෝගනය කිරීම අප සතුව පවතින යුතුකමකි.

එම සත් කටයුත්තට පනපොවමින් නවත් ශාසනික මෙහෙවරෙහි නිරත වන්නට අනන්ත තුනුරුවනේ ආශිර්වාදය ලැබේවායි සුභාසිංහනය කරමි



## Opening Times

Open 7 days a week

8 am to 8 pm

**Executive Committee:**

President : Mr Sarath Wijesinghe  
 Vice President: Mr Dilan Panadura  
 Secretary: Ms Tharumini Weerakoon  
 Asst. Secretary: Mr Kosala Mendis  
 Treasurer: Ms Thushari Wanshanatha

**General Committee:**

Mr Athula Morapitiya  
 Dr Chathuranganie Nanayakkara  
 Mr Devapriya Perera  
 Dr Nelun Perera  
 Ms Piyumi Perera  
 Mr Samith Pirisyala

**Hon Auditor:**

Ms Dilari Amaratunga

**❖ Religious activities to date...**

**8<sup>th</sup> May 2022** Vesak Sil (meditation) programme  
 This was for the students of the Leicester Buddhist Vihara Dhamma School and parents / adults devotees. We thank Ven Ajahn Vinitha Thero of Amaravati Temple for conducting this event.



**12<sup>th</sup> June 2022** Poson Sil (meditation) programme  
 This was for adult devotees. We thank Ven Saddhanadna Thero and Ven Uduanuwa Indarathna Thero for conducting the programme.

**12<sup>th</sup> June 2022** Poson Bakthi Gee (Devotional Songs) programme

**❖ Events Calendar 2021 >>>**

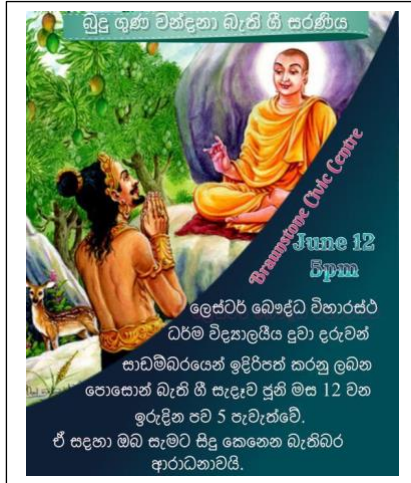
**Leicester Buddhist Vihara  
 East Midlands Buddhist Association  
 ලෙස්ටර් බෞද්ධ විහාරය**

**අයං වස්සාන කාලේ**

ලෙස්ටර් බෞද්ධ විහාරස්ථානයේ වස්සාන සමය තුළ සිදුකරනු ලබන පිංකම් මාලාව.

- ජූලි 31 සූත්‍ර සාකච්ඡාව
- අගෝස්තු 7 සූත්‍ර සාකච්ඡාව
- අගෝස්තු 14 සූත්‍ර සාකච්ඡාව
- අගෝස්තු 21 සූත්‍ර සාකච්ඡාව
- අගෝස්තු 28 ශීල සමාදානය සැප්තැම්බර් 4 සූත්‍ර සාකච්ඡාව
- සැප්තැම්බර් 11 අටවිසි පූජාව
- සැප්තැම්බර් 18 සූත්‍ර සාකච්ඡාව
- සැප්තැම්බර් 25 ශීල සමාදානය
- ඔක්තෝබර් 2 ශීල සමාදානය
- ඔක්තෝබර් 9 සූත්‍ර සාකච්ඡාව
- ඔක්තෝබර් 16 සූත්‍ර සාකච්ඡාව
- ඔක්තෝබර් 22 මුලුතැන් පූජාව සහ වීචරය පඩි පෙවීම
- ඔක්තෝබර් 30 කඨින වීචර පූජාව

**තෙරුවන් සරණයි**



The programme was conceptualized by Ven Saddhananda Thero. Children dressed in white half saree and national dress performed on stage in front of a live audience singing devotional songs. We thank all the children for their beautiful and very confident performances. We are truly proud of your talents. We thank the music team for their support, the teachers, parents and all those who worked untiringly day and night to make this event a success.

**අයං වස්සාන කාලේ**



වෙස්ට් වර්ජීනියා භාවනා මධ්‍යස්ථානයේ විහාරාධිකාරී ඇන්කදවක සඳ්ධාර්චි ස්වාමීන්වහන්සේ විසින් පවත්වනු ලබන සුමදුර ධර්ම දේශනාව අගෝස්තු මස 13 සෙනසුරාදා දින සවස 7 විහාරස්ථානයේ දී පැවැත්වේ. ඒ සඳහා ඔබට කෙරෙන බැතිබර ආරාධනය යි

We take this opportunity to thank all the Venerable Monks who assisted us and participated in the religious activities.



Ven. Uduwuwa Indarathana



Ven. Marassana Saddananda

Ajahn Vinitha Thero, Resident monk, Amarawati temple

**අයං වස්සාන කාලේ**



**සති අන්ත සුත්‍ර අධ්‍යයනය 2022**

වස්සාන සමය තුළ පවත්වනු ලබන සුත්‍ර සාකච්චාව සෑම ඉරුදිනකම රාත්‍රී 7.30 විහාරස්ථානයේ දී සහ zoom තාක්ෂණය ඔස්සේ පැවැත්වේ..

Other regular activities:

❖ Weekly sutta discussion – every Sunday

❖ Monthly Sil programmes – last Sunday of each month

මෙම කාල පරාසය තුළ අර්ථයෙන් ධර්මයෙන් අනුශාසනා සිදුකල ගෞරවණී ස්වාමීන්වහන්සේලානට අපගේ බැතිබර ස්තූතිය ප්‍රදාකර සිටිමු....

We thank Mrs Nanda Udawatte and family for conducting the invitation for the Rains Retreat and for undertaking sponsoring the Katina Ceremony 2022

**Leicester Buddhist Vihara Dhamma School**

Leicester Buddhist Vihara has continued to sustain the delivery of the Senior and Junior Dhamma schools for the children of Leicester Buddhist Vihara devotees for the 4<sup>th</sup> consecutive year. Since March 2022 lessons were recommenced face to face at the Brainstone civic centre.

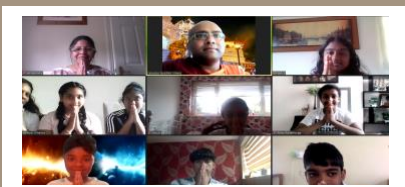
We thank Ven Saddhananda Thero and the support staff for their hard work and commitment. We also thank the parents for bearing the expenses of the hall hire.

**Dhamma School Prize Distribution Ceremony**

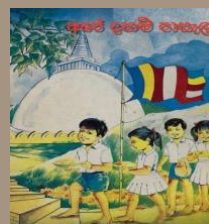
On 17<sup>th</sup> June 2022, the Dhamma School organised a prize distribution ceremony to recognize the dedication of the children towards learning and understanding the teachings of Buddha. The students were awarded prizes and certificates for achieving successful completion of Dhamma studies for 2020/2021

We thank Ven Uduwarda Indarathana Thero and the Trustees of EMBA for distributing the prizes and the certificates.

**Senior Dhamma Class**



**Junior Dhamma Class**



**The Leicester Buddhist Society**

The society has three programmes

These meetings are at present conducted on SKYPE. Please contact Mr Will Read for the link.

(1) Friday at 19.30-21.30  
This is mainly for beginners and covers all Buddhist traditions.  
Contact Mrs Barbara Russell.

(2) Saturday at 17.30-19.30  
This is mainly for meditators with some experience of Theravāda Buddhism.  
Contact Mr Will Read.

(3) Monday at 18.30-20.00  
Contact Dr Tony Fletcher

This is the Sutta Study Group. It was founded in 1997 to study Buddhist philosophy from those texts which are thought to be closest to the Buddha's original teachings. From 1997-2020 we studied all the suttas in the *Majjhima Nikāya*. Then took a long break until 2010-2013 when we re-convened to study the *Dīgha Nikāya*. From 2014-2018 we studied the *Saṃyutta Nikāya*. From 2019 we have been following the *Majjhima Nikāya* again. The sessions are fairly formal and are best suited to those with some familiarity with Buddhist basics and who are practicing meditation. However, beginners can benefit if they are patient and understand that none of the suttas deal with the whole of Buddhist doctrine and so have to be absorbed slowly. On behalf of the group we wish you all the best and success on future events.

Contact Dr Anthony (Tony) Fletcher

# Getting **In**Involved... with EMBA

## EMBA General membership is open to all devotees !

- Minimum fee £5 / per month
- Complete a donation form (contact Ven Thero or the Secretary- [secretary.emba1987@gmail.com](mailto:secretary.emba1987@gmail.com))
- Join our different sub-committees and help develop the temple
- Join the Executive Committee of EMBA at the AGM and get involved in the management of the temple

### Making a donation !

- Pay by cash
- Pay by cheque
- Bank transfer
- If you are an UK tax payer your donations will enable us to recover a tax refund from HMRC
- Please let us know if you are happy for us to collect a tax refund by ticking the Gift-aid box of the donation form
- Don't forget, if you are a UK tax payer, your donation will qualify you to claim tax refund/s
- For more information contact the Treasurer ([treasurer.emba1987@gmail.com](mailto:treasurer.emba1987@gmail.com))

#### Account

Name : *The East Midlands Buddhist Association*

Bank Name – Co-Operative Bank plc., 77-79

Market Place, Leicester LE1 5EN

Account Number- 65002247

Sort Code – 089077

## How Will Your Donation Help The Temple !

- Sponsoring religious events invoking blessing to your loved ones, commemorate special events ie. Birthdays, Anniversaries etc.,
- Sponsoring visiting monks – visas and airfare
- Sponsoring full or partly fund raising appeals
- Supporting the daily upkeep of the temple



Offer Dana >>>

For more information kindly visit our webpage view the Dana Calendar on the website [www.leicesterbuddhistvihara.co.uk](http://www.leicesterbuddhistvihara.co.uk)

### The EMBA Committee want to thank >>>>

#### Donations:

**Mr Kosala Mendis & family** for the generous cash donation to refurbish the loft space in the temple for storage purposes. Our thanks also goes to Mr Lalith Hewage, Mr Devapriya Perera, Mr Sarath Wijesinghe & Dr Sunil Perera for their valuable time accomplishing this task.  
**St Philip Centre Ltd** for their cash donation  
**Clifton-Upon-Dunsmore C of E Primary School** for the cash donation

#### Sponsors of Religious events:

All those who sponsored the religious events by offering “pirikara”, dana and travel expenses for the monks and mid-day meals / refreshments for the devotees who attended these events.

#### Funding the Zoom platform:

To the parents of the Dhamma School & other devotees joining the weekly ‘Sutta’ programme for your regular donations towards the Zoom rental.

#### Regular donations:

We thank everybody who continue to make cash donations (regular and adhoc) to meet the daily expenses / maintenance of the temple

#### Donations to amazon smile:

To all those who continue to support EMBA as the chosen charity on amazon smile

### Up coming events!

*Annual Katina Ceremony 2022, 30<sup>th</sup> October 2022, 9am – 5pm  
at the Braunstone Civic Centre*



❖ 11<sup>th</sup> September 2022 – Atawisi Buddha Pooja

❖ 22<sup>nd</sup> October 2022 – Muluthan Pooja and Pandu Mangalya

## Welcome to AmazonSmile!

Thank you for supporting **The East Midlands Buddhist Association**.

Remember, always start at [smile.amazon.co.uk](http://smile.amazon.co.uk) and Amazon will donate 0.5% of the net purchase price (excluding VAT, returns and shipping fees) to the eligible charitable organisation of your choice.

[smile.amazon.co.uk](http://smile.amazon.co.uk)

How to make the most of AmazonSmile



Install Amazon Assistant  
The easiest way to return to [smile.amazon.co.uk](http://smile.amazon.co.uk). Available for:



Leicester Buddhist Vihara

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Contact us at +44 116 282 5003

[www.leicesterbuddhistvihara.co.uk](http://www.leicesterbuddhistvihara.co.uk)